

## Session Plan Financial Capability

### Session Plan Budgeting

#### Getting to grips with money – week 2

**Target audience:**

Mothers, fathers and carers with literacy and/ or numeracy skills below level 2, with young children, and those who are expecting or who have recently had a baby.

**Aims of the session:**

To identify the impact on budgeting of the changing demands of raising a family.

**Learning Outcomes:**

By the end of the day participants will be able to:

- Identify main changes in income and expenditure as a result of raising a family
- Extract information from a variety of sources including text, tables and charts
- Understand how to represent simple data diagrammatically

Time has been allowed within this session for a break of 15 minutes.

Time	Content	Resources
10 mins	In group sing songs, share stories and rhymes with children in crèche.	Songs, rhymes and stories
15 mins	Settle children in to crèche provision, depending on the needs of each child	Activities and toys appropriate for age range of children/ babies
5 mins	Introduce the aim and content of the session. Recap on previous and future sessions that have a link to this one. Reinforce the links and the learning outcomes that will be achieved.	Course outline and aims of the session.
5 mins	Ice Breaker – Getting to know you The group introduce themselves by name. They then work as one group or smaller groups to identify six things that they have in common.	
15 mins	What is involved in budgeting? Discuss as a group what we mean by budgeting and what is involved. Record main points of discussion on flip chart.	Flip chart and pens

## Skills for Life Support Programme

20 mins	<p>Changing demands of family Using the video clip as a stimulus, discuss what may be the main changes in income and expenditure as a result of the changing stages of a family. Discussion could include change of income as a result of parents giving up work or working reduced hours, information on essential items that may need to be purchased for a baby and for a growing child, increases in food and fuel bills and the costs of childcare etc. Complete budgeting activity sheet- Josie and Ashok.</p>	<p>DVD e.g. BBC RAW money clip and player</p> <p>Budgeting Activity Sheet Josie and Ashok</p>
25 mins	<p>Presenting information Brief input on presenting information in diagrammatically and the underpinning data.</p> <p>Learners to present information results diagrammatically e.g. spider diagram, tables, using pictures from magazines.</p>	<p>Examples of data represented diagrammatically</p>
15 mins	<p>Discussion of the different ways people have presented the information.</p>	
20 mins	<p>Identifying different ways of presenting data.</p> <p>Look through, scrap books started at home, magazines and Parent's guide to money and find an example of one that is clear and one that is not.</p> <p>Discussion on reasons for choices.</p>	<p>Range of information e.g. Parent's guide to money,</p>
15 mins	<p>Reading and interpreting information. Look through text or cloze activity and identify the main points.</p>	<p>Texts from e.g. Parent's guide to money and simplified text and cloze activities.</p>
10 mins	<p>As a group produce a list of key points that are of particular significance to the group. Retain for future session.</p>	
15 mins	<p>Learners complete evaluation form. Discussion about who would like to budget and plan next week's lunch. Notes down any dietary requirements for adults and children. Discussion of home activities. Keep a rough tally of outgoings to use next</p>	<p>Evaluation forms Paper and pens</p>

## Skills for Life Support Programme

	session and collect leaflets, information on different offers for scrap book.  Continue activities with child from joint session.	
30 mins	Join children for a shared lunch. Help clear away.	Refreshments appropriate to age range of children and babies and adults.