

What Next?

Opportunities in Kirklees for students with complex needs





What's next for me?



-  **Active** 
-  **Ambitions** 
-  **Hollybank Trust** 
-  **Kirklees College: Dewsbury Centre and Huddersfield Centre** 
-  **North Kirklees Day Opportunities** 
-  **South Kirklees Day Opportunities (Highfields)** 
-  **St Anne's (Oxford Court Day Centre)** 
-  **Waves** 

Welcome

What Next? has been produced for students and their parents and carers who are going through the transition process and researching the adult opportunities within Kirklees.

This booklet will be helpful to the three complex needs schools in Kirklees, Kirklees College, C&K Careers and the Kirklees' Transitions Team to support students, parents and carers through the transition planning process.

The booklet is also available, with links to the providers websites, on the schools' websites and C&K Careers' website **www.workabout.org.uk**

The map shows the providers' locations so you can compare distances from your home area.

We have already had very positive comments from a parent who stated:

"... This would have been such a help when my son was leaving school. I had no idea there were any options, let alone what they were!"

What Next? provides students, parents and carers with clear, unbiased information about the options available when leaving school at 19 years of age within Kirklees.

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You will see



This is a QR code

If you have a smart phone you can scan the code to go to the website. But first, you'll need to download a QR code reader App from your phone store - many are free.

What Next? has been compiled and published in good faith. You should always check with the organisations as changes may have occurred since going to print.



Active

Head Office:
8 Cartwright Court
Bradley Business Park
Huddersfield
HD2 1GN



www.activesocialcare.com



01484 534400



sharon.weavill@active999.com

ashley.craven@active999.com



Sharon or Ash

Getting there

Click [here](#) for Google map (Newsome)

Click [here](#) for Google map (Rawthorpe)

Click [here](#) for Google map (Bradford)



Wheelchair accessible transport can be provided to and from activity bases from anywhere in Kirklees and surrounding areas. It is included in your package price.

About Active

Active works closely with its Club members to develop a relevant, inclusive and affordable day care service. The Clubs offer a range of both high energy and relaxing social activities as well as educational, volunteering and work-related opportunities.

Club members are encouraged and supported to devise their own Weekly Activity Plan.

Our support workers are highly trained in assisting with personal care, moving and handling, administering medication, assisting with complex health tasks, communication strategies including Makaton and BSL and behaviour management.

Various support packages are available subject to assessment; ranging from 2:1 support to drop-in.

There are three activity bases - Newsome, Rawthorpe and Bradford. The Bradford base may be of interest to people living in North Kirklees.



Active



At Newsome - Monday to Sunday:

Woodwork, sing and sign, gardening, sewing, Zumba, bhangra dancing, swimming, bowling, arts and crafts, IT skills, cooking and baking and discos.

At Newsome - Monday, Tuesday and Wednesday:

ASDAN accredited courses.

Volunteer and work-related opportunities.

Outings such as Yorkshire Sculpture Park, Yorkshire Mining Museum, pub lunches, hydrotherapy (Friday), 629 Disco and Social Club (licensed bar), Monday and Thursday, 6.00 - 9.00pm.

At Rawthorpe - Thursday:

Get Active at Get Active (G@G@ - chair-based exercise) and popular sports such as indoor football, indoor cricket, Boccia, rounders and the parachute game!

At Bradford - Wednesday:

Arts and crafts, cooking and baking, computers, snooker, Wii, air hockey, bhangra dancing, discos, bouncy castle, sensory room. Outings to local park, cinema and museums.

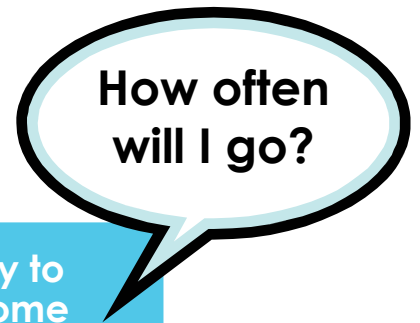


This will depend on the level of support you will need.

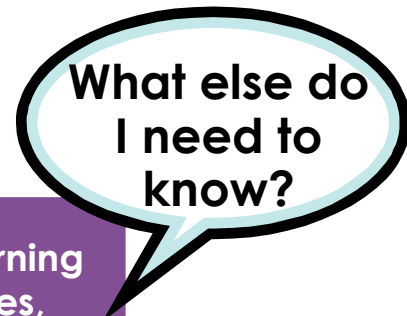
Lunch costs £3.00* or you can bring your own.

*Current price (June 2013).

You will need to pay the cost of admissions and any special classes you choose to do.



We are open Monday to Sunday. You may come for one day or more. How often depends on your circumstances.



Our service is aimed at people who have a learning disability including additional physical disabilities, complex health needs, autistic spectrum conditions or traits, sensory impairments.

There will be registration fees to pay for the ASDAN certificate.

Ambitions

89 Shillbank Lane
Mirfield
West Yorkshire
WF14 0QW



www.ambitions4kirklees.co.uk



01924 491148



info@ambitions4kirklees.co.uk



Bev Sissons or Liz Feeny

Getting there

Click [here](#) for Google map

About Ambitions

Our mission statement

To respect and value individual needs of adults with learning difficulties and disabilities by offering a unique, safe and secure place to enhance social and life skills for personal achievement.

Set up in June 2008 by Liz Feeny and Bev Sissons, Ambitions works with people who have left school and college. We provide mini social enterprises which clients help to run, thereby increasing their own skills and confidence.

We work with other local projects, businesses, schools, universities and the local community to highlight the ability **not** the disability of our clients. See our Facebook page - Handmade by Ambitions, for more information and photos.

Liz and Bev have a combined experience of over 40 years within the sector and an enthusiastic and dedicated staff.

We operate an open door policy and welcome visits from parents and carers. We encourage clients to experience all activities and play an active role, in order to make informed choices.



Ambitions

What will I do?



You are able to suggest activities which you feel you would like to experience, such as:

- basic cookery (lunches, snacks, baking, kitchen hygiene and safety)
- life skills (money, time, communication)
- keeping healthy (Zumba sessions, circuit training, weight training, walking, bike rides, weekly weigh in sessions, fishing, golf drive range)
- independent travel training.

You can also do work experience within our own small companies: our wedding company, Sew'n'Sew, Plot to Plate and Nik Naks and also at the local shop and garden centre.

How much will it cost?

Ambitions is open Monday to Friday 50 weeks a year.

We are closed on bank holidays. You may come from one full day to five full days per week.

How often will I go?

Our daily rate includes all activities, cooking sessions, sessions provided by outside experts (ie Zumba, swimming) drinks and travel costs whilst at Ambitions and entrance fees on trips.

We will support families with form filling and signposting. We work closely with the medical profession and are able to put families in touch with various departments in order to help with specific problems. To take full advantage of all our activities you need to be able to manage stairs and your own personal care.

What else do I need to know?

Hollybank Trust

Roe Head Site
Far Common Road
Mirfield
WF14 0DQ



01924 490833 ext 501

www.hollybanktrust.com



admin@hollybanktrust.com



Helen Clayton



Getting there

Click [here](#) for Google map

About Hollybank Trust

Hollybank Trust cares for and educates children and adults with profound and multiple disabilities. More than 70 adults live on the main site or in one of our community homes in Holmfirth, Halifax, Barnsley and South Kirkby.

Students have individual learning programmes with integrated therapy based on their needs. A purpose-built therapy centre houses a multi-sensory hydrotherapy pool, spa pool and rebound therapy room.

You can enjoy sensory gardens with adapted playground equipment, a walk among the flowers, trees and vegetable gardens, the polytunnel and plenty of outdoor events.

Some adults have work experience placements and there are social enterprise schemes such as the Hollybank Artists who sell and rent out their artwork and the SPOT (SPeech and Occupational Therapy) Shop which creates wedding favours and gifts.

Assistive technology gives individuals some independence and encourage them to get involved in their everyday activities such as switching on the television or kettle, listening to music or using a computer.

At Hollybank we concentrate on people's abilities, not their disabilities.



Hollybank Trust

What will I do?



A range of activities are offered in the WELCOME programme. Numbers in sessions are limited to make sure you all have the right level of attention.

Messy art, wheelchair dancing, sensory gardening, sensory cooking, kings and queens of music, recycling and a number of other enterprise activities.

How much will it cost?

Cost will depend on the number of sessions attended.

Other facilities on the Roe Head site such as hydrotherapy, Rebound therapy, iMUSE would be arranged independently and you would need to pay for these.

You need to bring your own lunch if you are staying for the day.

How often will I go?

We offer half day sessions.

What else do I need to know?

Because we have a lot of vulnerable people, most of whom are wheelchair users, you must not show aggression towards others.

You will need your own support in sessions and for personal care.

Kirklees College

Huddersfield Centre

Waterfront Quarter
Manchester Road
Huddersfield
HD1 3HH

Dewsbury Centre

Halifax Road
Dewsbury
WF13 2AS



www.kirkleescollege.ac.uk



01484 536521 (Huddersfield Centre)
01924 465916 (Dewsbury Centre)



mhadfiel@kirkleescollege.ac.uk (Huddersfield Centre)
cwilso02@kirkleescollege.ac.uk (Huddersfield Centre)
jcharlton@kirkleescollege.ac.uk (Dewsbury Centre)



Maxine Hadfield/Carol Wilson (Huddersfield Centre)
Julie Charlton (Dewsbury Centre)



Getting there

Click [here](#) for Google map

About Kirklees College

Kirklees College is one of the largest colleges in the country and was recently graded as good by OFSTED (November 2012). The Entry to Learning section of Foundation Learning runs a range of courses, for learners with learning difficulties and disabilities working at Entry Level 1 and below, at both the Huddersfield and Dewsbury Centres.

Our courses:

- Introduction to Skillbuild 1 (Dewsbury Centre)
- Introduction to Skillbuild 2 (Dewsbury Centre)
- Life Skills Entry 1 Certificate and Diploma (Both Centres)
- Connections 1 (Huddersfield Centre)
- Connections 2 (Huddersfield Centre)
- Adult Network (Both Centres)



Kirklees College



What will I do?

Introduction to Skillbuild 1 and 2:

On this course you will develop your independence and life skills through a range of hands on activities, including enterprise, daily living skills and creative activities. You will work towards your own individual targets supported by a team of dedicated and experienced teachers and support staff.

Life Skills Entry 1 Certificate and Diploma:

On the Life Skills courses you will develop your independent living and work skills as well as getting involved in community activities. You will learn about keeping safe, being healthy, dealing with problems as well as developing English and maths skills.

Connections 1 and 2:

On this course you will have an individual programme which includes work on communication skills, the arts, life skills, healthy lifestyle and leisure.

Adult Network:

On this course for adults, which is part-time, you will have an individual timetable. You will be able to choose from a wide range of sessions including cooking, ICT, woodwork, English, maths, pottery and 'funky science'.

How much will it cost?

There may be costs for certain activities, days out and visits. Learners doing a cookery session, for example, may be asked for the cost of the ingredients.

How often will I go?

3 days a week except for Adult Network which is part-time and where you may do one or more sessions.

What else do I need to know?

Kirklees College is a safe learning environment where you can develop your personal and academic skills in a supportive and friendly atmosphere. The facilities at Dewsbury have been refurbished to a high standard and from September 2013 at Huddersfield you will be learning in our fantastic new building.

North Kirklees Day Opportunities

Ravensthorpe Centre

John Street
Ravensthorpe
WF13 3LE



01924 326464/01924 326422



trish.harland@kirklees.gov.uk



Trish Harland



www.kirklees.gov.uk

Go to 'Community' then
'Local organisations' and
search for 'Day Opportunities
North Kirklees'

Getting there

Click [here](#) for Google map



Escorted transport is provided, currently £1.75 per journey (£3.50 return).

About North Kirklees Day Opportunities

We have bases across North Kirklees for adults with learning disabilities including the following venues:

- Community Access Centre, Red Laithes Court, Ravensthorpe, WF13 3DB
- The Ravensthorpe Centre, John Street, Ravensthorpe, WF13 3LE
- Heckmondwike Community Centre, Thomas Street, Heckmondwike, WF16 0NW
- Turnsteads Community Centre, Turnsteads Road, Cleckheaton, BD19 3UR

All these day centres are Council-run and are open Monday to Friday.

We provide day services for people with a wide range of support needs working with Health Services such as physiotherapists, speech and language therapists, dieticians and psychologists to make sure that whatever your needs are, you will be able to get involved in activities that you enjoy. We try to find activities within your local communities. We encourage people to be as independent and in control of their lives as possible.

If you have more complex and profound needs, we have registered nurses and trained staff to ensure you get the support you need. Our aim is to help you make your own choices.



North Kirklees Day Opportunities



What will I do?

We offer activities such as: photography, horse carriage driving, cycling, swimming, walking, barge trips, hydrotherapy, Rebound therapy, gardening, cookery, public events such as concerts, visits to museums and art galleries, cinema, art. In the bases, we encourage people to prepare their own lunch as well as give them a choice of activities they would like to take part in, depending on their interests. Some people have small jobs such as a newspaper round and we provide support for them to do this. We hold local exhibitions of people's work in the local community.

How much will it cost?

You will be assessed to establish whether you will have to make a contribution to your package of care. There are additional costs, such as snack lunches within bases, for £1.20* per day and transport can be provided for £1.75* per journey (£3.50 return).

You will need to pay for things such as admission fees and lunches on any trips you make.

*Current prices (June 2013).

How often will I go?

One day or more, Monday to Friday, 9.00am - 3.30pm. How often depends on your circumstances.

What else do I need to know?

We support people with learning and physical disabilities and health needs. We encourage people to have bus passes to make it easier to use public transport.

South Kirklees Day Opportunities (Highfields)

South Kirklees Day Opportunities

Cemetery Road
Huddersfield
HD1 5NF



01484 223747



june.bell@kirklees.gov.uk



June Bell



www.kirklees.gov.uk

Go to 'Community' then
'Local organisations' and
search for 'Day Opportunities
South Kirklees'

Getting there

Click [here](#) for Google map



Escorted transport is provided, currently £1.75 per journey (£3.50 return).

About South Kirklees Day Opportunities

We have bases across South Kirklees for adults with learning disabilities including the following venues:

- Highfields, Cemetery Road, Edgerton, Huddersfield, HD1 5NF
- Fartown Village Hall, Ballroyd Road, Fartown, Huddersfield, HD2 1AN
- Honley Village Hall, Moor Bottom, Roundway, Honley, Huddersfield, HD9 6AB
- Brian Jackson House, New North Parade, Huddersfield, HD1 5JP

All these day centres are Council-run, and are open Monday to Friday.

We provide day services for people with a wide range of support needs working with Health Services such as physiotherapists, speech and language therapists, dieticians and psychologists to make sure that whatever your needs are, you will be able to get involved in activities that you enjoy. We try to find activities within your local communities. We encourage people to be as independent and in control of their lives as possible.

If you have more complex and profound needs, we have registered nurses and trained staff to ensure you get the support you need. Our aim is to help you make your own choices.



South Kirklees Day Opportunities (Highfields)



There are many activities on offer such as hydrotherapy, Rebound therapy, football, adapted cycling, walking, exercise classes including Zumba, barge trips, museum, gallery and cinema visits along with various craft activities including jewellery making and mosaic work. We have music making groups and monthly coffee mornings. In addition, we have a great garden project where you can be involved in digging, growing plants and cutting the grass. Service users also have their own advocacy groups with guest speakers where a wide range of subjects are discussed.

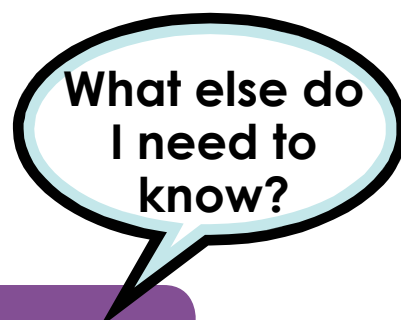
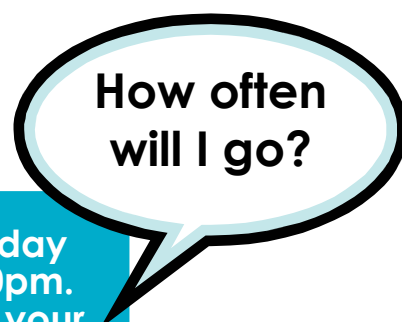


You will be assessed to establish whether you will have to make a contribution to your package of care. There are additional costs, such as snack lunches within bases, for £1.20* per day and transport can be provided for £1.75* per journey (£3.50 return).

You will need to pay for things such as admission fees and lunches on any trips you make.

*Current prices (June 2013).

One day or more, Monday to Friday, 9.00am - 3.30pm. How often depends on your circumstances.



We support people with learning and physical disabilities and health needs. We encourage people to have bus passes to make it easier to use public transport.

St Anne's (Oxfield Court Day Centre)

St Anne's Community Services

Oxfield Court Day Centre
Albany Road
Dalton
Huddersfield
HD5 9UZ



www.st-annes.org.uk



01484 543376



sharon.hayman@st-annes.org.uk



Sharon Hayman - Nurse Manager
Trudi Bastian - Nurse

Getting there

Click [here](#) for Google map



Transport with escort support to and from day centre is provided if you live with your family.

About St Anne's (Oxfield Court)

At St Anne's Oxfield Court Day Centre and Special Care Unit we provide nursing care with specialist facilities for individuals with multiple profound learning disabilities and additional complex health needs. We aim to offer a variety of choices daily to both interest and stimulate clients whilst ensuring all individuals' health needs are supported. Additional sessional places are also available for individuals who have learning disabilities and who live at Oxfield Court Nursing Home.



St Anne's

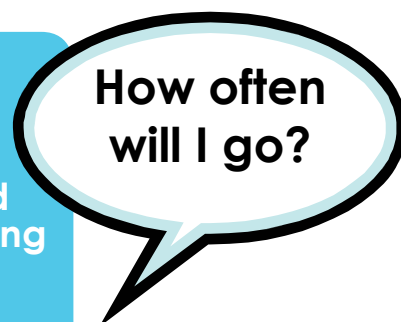
(Oxfield Court Day Centre)



We offer Wii games, ice skating, film club, ten pin bowling, Snoezelen/sensory room, iPad, total sensory, sensory tasting, sensory garden, hydrotherapy, Rebound therapy, physiotherapist recommended exercise, musical percussion, relaxation/foot spa, personal care/health and beauty, outings, day trips, meals out, chat group, boat trips, sensory art and games.



The centre is open Monday to Friday with the exception of bank holidays and planned closure dates. You can attend from one to five days depending upon identified need. Joint placements are supported.



Funding needs to be agreed via The Complex Health Care Panel, after a social worker led assessment, identifying the individual has nursing needs. If you choose to do activities outside the Centre you will need to pay costs such as entrance fees.

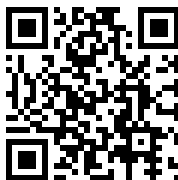
We provide:

- a supported transition package
- nurse input to support health, physical and social care needs
- a safe and fun environment
- support with specialist communication and making choices
- healthy nutritional lunches, snacks and drinks
- full support for specialist dietary requirements, including PEG feeding
- full support with your personal care/continence and your specialist equipment (suction/hoisting/seating/standing etc)
- specialist transport with escort, where appropriate.



Waves

Unit 5
Upper Mills
Canal Side
Slaithwaite
Huddersfield
HD7 5HA



www.wavesgroup.co.uk



01484 769734



www.wavesgroup.co.uk



Sallyanne Green

Getting there

Click [here](#) for Google map



Transport to and from Waves is currently included in the day rate. If other transport is used the cost would be reduced by £10 per day.

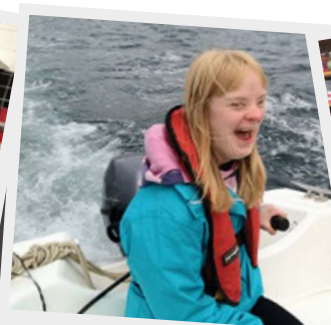
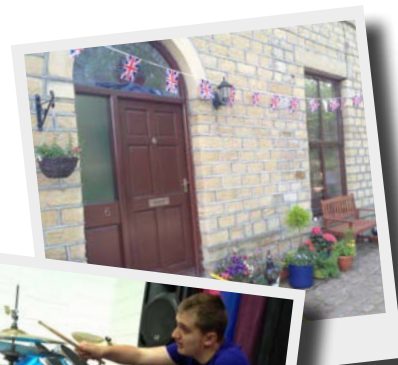
About Waves

Waves Centre is situated in Slaithwaite, on the outskirts of Huddersfield. The Centre was opened in September 2010 as a purpose built day centre for adults with learning disabilities. We provide a day service for adults with varying degrees of learning disability, physical disabilities and sensory impairment.

No6 Waves Cottage is also in Slaithwaite and provides extensive independent living training for up to 4 members a day. The aim of No6 is to give members the skills they need to become as independent as they can.

Waves has a large garden where vegetables are grown to be sold in the village, and a large variety of animals to care for from fish to rabbits to a bearded dragon!

Waves also organises work experience for its members in the community or in Waves itself. We can find a job for anyone who wants one!



Waves

What will I do?



We provide a wide range of leisure, recreational, therapeutic and informal education opportunities within our centres and the community including swimming, art, craft, drama and music, gardening, horticulture, poultry keeping, animal care, life skill courses, independent travel training, sports and keep fit, cookery, health promotion/healthy lifestyles, bowling, horse riding, enterprise, basic skills/IT courses. You may also do work experience in the Centre or in the community. Waves also has an ebay shop and a soap making group.

How much will it cost?

One or more days a week from 9.00am - 4.00pm, Monday to Friday, excluding bank holidays. Waves is open 50 weeks a year. There is a two week shut down over the new year period.

How often will I go?

The day rate includes transport from home and the return journey, a light breakfast and lunch. You are at Waves for seven hours and travel time is between 8.00 - 9.00am and 4.00 - 5.00pm. Ideal for parents or carers who work or have busy schedules.

You will be a 'member' of Waves and will be encouraged to play an active role within the Centre getting involved in reception work for example, 'Speaking-Up' groups, Members committees and social events, such as fashion shows, BBQs and karaoke.

If it is right for you, you will be supported in travel training.

If you go to No6 Waves Cottage you will learn about bed making, table setting, washing and ironing, choosing your clothes, paying bills and staying safe.

What else do I need to know?

Transition and funding

Transition means 'moving on'.

During your last year at school a plan will be developed with you to make sure the activities you will do on leaving school are interesting and enjoyable and that you get the support you need. Your parents and carers will need to think carefully about the various forms of financial support you will need to help you achieve your plans for the future.

You should...

Attend 'Moving On' or 'What Next?' events in school

Attend reviews and leavers planning meetings (especially important in Year 14) with your parents and carers

Reviews are also attended by Social Services, C&K Careers, school staff

Already receiving funded services from Social Services?

YES

An Assessment of your needs will already be underway through your Transitions Team social worker

NO

You need to contact Gateway to Care to be assigned to either a social worker or a 'care navigator' to help you choose services

The Social Services **Assessment of Need** is essential in order to access a **Personal Budget**

Not all young disabled people will be eligible for an assessment or funded services.

Make visits to colleges and other providers - find out about costs.

Check whether any equipment you use will be going with you.

Even if you plan to go to college (3 days a week) an assessment of your needs is crucial as you may wish to get funding for activities to occupy some of the rest of your week.

Further information from

Gateway to Care

30 Market Street, Huddersfield, HD1 2HG

T: 01484 414933 E: gatewaytocare@kirklees.gov.uk

Text "Gateway" and your question to 07781482931

What's my next step?

It's important to visit the providers.

Think about what is important to you before you go on a visit and ask lots of questions!

How far is the provider from my home?

How will I travel there?

Is transport provided and how much will it cost?



What are the daily charges? Are there any extra charges?



How is the day divided up? How will I spend my time?

Can anyone help support and maintain my communication aid?

Is there any IT equipment of the type I am using in school?



Will there be someone to help me with any personal care I may need?



Will I be able to get around the building easily?

Will I need to pay for an additional Personal Assistant?

Remember to discuss all this with your social worker and the providers to ensure you get the support you need. If you have concerns - voice them.

Useful contacts and websites



If you have questions there are people and websites to help you. Here are some of them.

C&K Careers

LDD Team
Mary Houghton
T: 01484 226797
E: mary.houghton@ckcareers.org.uk

Gateway to Care

30 Market Street, Huddersfield, HD1 2HG
T: 01484 414933
Text "Gateway" and your question to 07781 482931
E: gatewaytocare@kirklees.gov.uk

Kirklees Social Services

Transitions Team
Jo Hamilton
T: 01924 482164
E: ccstrans@kirklees.gov.uk

The Guide - an information handbook for people with a learning disability

You will find 'The Guide - an information handbook for people with a learning disability', produced by Kirklees Council and the NHS, on the Learning Disabilities Partnership Board website. This website is for people with a learning disability who live in Kirklees.
www.kirklees.gov.uk/ldpb

Kirklees Council Funding

On the Council's learning disabilities money menu you can find out about direct payments and personal budgets in simple language:
www.kirklees.gov.uk/community/ld/money/money.shtml

Kirklees Council Factsheet 'What is a personal budget?'

www.kirklees.gov.uk/community/caresupport/getsocialcare/pdf/25.pdf

Kirklees Council Factsheet 'What are direct payments?'

www.kirklees.gov.uk/community/caresupport/getsocialcare/pdf/27.pdf

Mencap in Kirklees

Jill Robson
T: 01484 340811
E: info@mencapinkirklees.org.uk
W: www.mencapinkirklees.org.uk

If you, or your parent or carer, are having difficulty reading or understanding this guide, please talk to staff at school, your social worker or careers adviser.

There may be other things you can do. Ask your school, careers adviser, transition social worker or care navigator about these.

Residential College

You may also be able to attend a residential college. This is a college where you live, sleep and study. You would be living away from home. You would need to apply to Kirklees Council for money to get a place at a residential college. There is no guarantee of funding.

www.natspec.org.uk The Association of National Specialist Colleges

Notes





Talk to us!

If you have comments about this guide please contact:
 Catriona Wood
 Information Specialist
 C&K Careers
 T: 01484 226722
 E: catriona.wood@ckcareers.org.uk

Co-financed by



June 2013