

3

A busy life!



I have three children. This morning, I have to take the younger two children to school before going to work. I have a meeting at 9 o'clock so I mustn't be late!

I write everything in my diary. At lunchtime I have a dentist appointment.

After work I must do some food shopping. Then I pick up the kids from my mum's. I must remember to tell Mum there is football practice this afternoon.

In the evening we are going to the cinema. I think the film starts at 8 o'clock but I'd better check. We need to get there early to buy tickets.

Talk about it

What did you do today?

What time did this lesson start? Did you arrive early, late or just at the right time?

What will you do after the lesson?

How do you keep track of time? Do you have a watch or a diary?

These are the skills you will practise in this unit.

Which are the most useful for you? Tick the boxes.

- ☐ Understanding the times of the day
- ☐ Knowing the days of the week and their order
- ☐ Knowing the seasons of the year and their order

Skill code

MSS1/E1.2

MSS1/E1.2

MSS1/E1.2

Not enough hours in the day!

I do many things during the day but some things must come before others. I wake up **before** I have breakfast. I use the bathroom **before** my teenage daughter. If I don't I will be **late** for work! I go to work **after** taking my younger children to school. This is a typical start to my day.



What is happening in the pictures?



Activity 1

Think about your day. What do you do? What comes first?

Draw or write in things you did during the day in order.

1	2	3	4
5	6	7	8



Activity 2

A day can be broken into four sections: morning, afternoon, evening and night time. Usually people have breakfast in the morning.



Morning is when the sun rises. Most people get up, have breakfast and then go to work or school.



Afternoon is after midday.



Evening is when most people finish work or school and go home. It starts getting darker and the sun sets.



Night time is when it is dark. Most people sleep at night. Midnight is when one day ends and another begins.



Look at the following pictures and write whether each shows morning, afternoon, evening or night.

e.g.



morning

1



2



3



4



5



Activity 3

Write down something you usually do at these times of day. (Draw it on paper if you prefer.)

Morning

Afternoon

Evening

Activity 4



There are 24 hours in the day. Some clocks only go up to 12, so each time is repeated twice in one day. It can be 9 o'clock in the morning or 9 o'clock in the evening. I go to work at 9 in the morning. If I went at 9 at night the office would be closed!

Wednesday

Morning

Ring vet about dog.

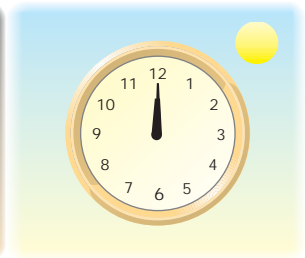
Afternoon

Evening

12 o'clock can be midnight or 12 o'clock midday.

12 o'clock midnight is in the middle of the night.
The next day starts at midnight.

12 o'clock midday is the start of the afternoon.



Remember

- There are 24 hours in one day.

Look at these pictures. Decide whether they are in the morning, afternoon or evening.

e.g.



7 o'clock

morning

1



10 o'clock

2



2 o'clock

3



9 o'clock

4



3 o'clock

5



12 o'clock

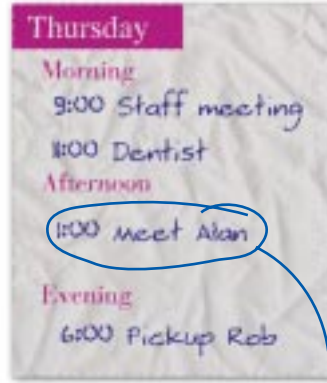


Activity 5

On particularly busy days I write in my diary so that I don't forget anything or anyone! Or I write a time plan.

Instead of writing 9 o'clock and 10 o'clock, I write the times in a shorter form 9:00, 10:00 and so on.

A typical plan may look like this.



Answer these questions.

e.g. What time am I meeting Alan? 1 o'clock

- 1 When is the staff meeting?
- 2 What time is my dentist appointment?
- 3 What time does Rob need to be picked up?
- 4 Make up a daily plan for yourself. Write in what you did today.

8:00 morning

9:00

10:00

11:00

12:00 midday

1:00

2:00

3:00

4:00

5:00

6:00

7:00

8:00

9:00



Review

Do you need more practice in times of the day?

Yes ☐

No ☐

For more work on this, go to H1 (page 13) or E1 (page 15).

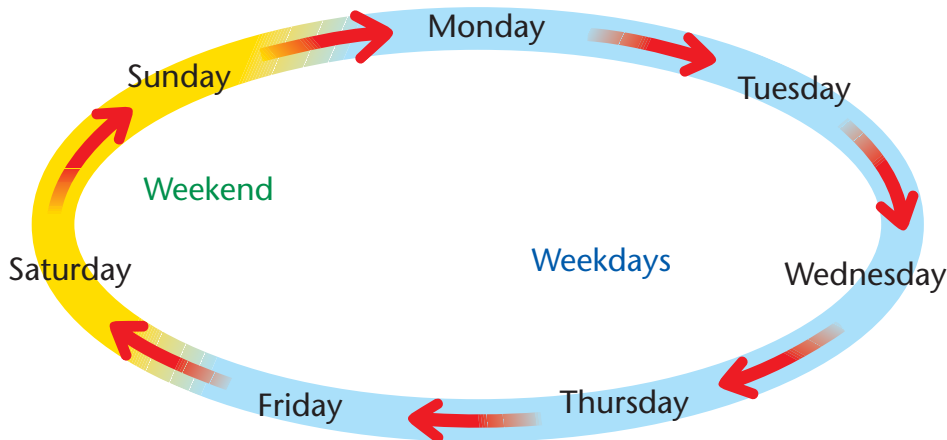
This work links to mini-project M1 (page 16).

Only seven days in a week!

My favourite day of the week is Friday. I look forward to it because the whole weekend is in front of me. I like the weekends too, Saturday and Sunday, because I do not go to work on those days.



There are seven days in the week and they follow each other in a cycle.



Do you have a favourite day?



Activity 6

Look at the cycle of days to help you fill in these answers.

e.g. What day follows Monday? Tuesday

- 1 What day comes before Thursday?
- 2 What day comes after Sunday?
- 3 If today is Wednesday, what will it be in two days' time?

Remember

- There are seven days in one week.
- The weekdays are Monday, Tuesday, Wednesday, Thursday and Friday.
- The weekend includes Saturday and Sunday.



Activity 7

What is **yesterday**? It is the day **before** today. **Tomorrow** is the day **after** today.
So, if today is Friday, yesterday was Thursday and tomorrow will be Saturday.



Answer these questions.

- 1 What is today?
- 2 What was yesterday?
- 3 What will tomorrow be?
- 4 What day will it be in three days' time?
- 5 What day will it be one week from now?



Activity 8

I fill out the work sheets for our factory. This is an example. There are four shifts each day and I try to give the workers a range of shifts during the week.

	Monday	Tuesday	Wednesday	Thursday	Friday
Day shift 8:00–2:00	Sam	Sam			Alan
Afternoon shift 2:00–8:00	Alan		Charlie		Charlie
Late shift 8:00–2:00		Alan		Sam	Sam
Night shift 2:00–8:00			Alan		

Look at the work sheet and answer these questions.

How many shifts is Alan doing this week? **4**

How long is Alan's shift on Monday? **6 hours**

- 1 How many shifts is Sam doing this week?
- 2 How long is Sam's shift on Thursday?
- 3 Charlie works part time. How many shifts is he doing this week?
- 4 Ben can't work on Friday. Write in four different shifts for him for this week.





Activity 9

Can you work a video recorder? I have so much trouble! By the time I work out what to do the programme has finished!



Have a look through some TV guides and discuss these questions.

- 1 What is your favourite programme?
- 2 What day of the week is it on?
- 3 Is it on more than one day?
- 4 Find a programme that is on every day of the week.
- 5 Find one that is only on at the weekend.



Activity 10

Use the TV guides to answer these questions about the Soaps.

- 1 On which weekdays can you watch EastEnders?
- 2 What time does Brookside start on Friday?



Monday



- 3 On which channel is Coronation Street?
- 4 On which *weekend* day can you watch EastEnders?





Activity 11

Which programmes would you watch every day? What times would you want them to be on? Which programmes would you never watch?



Make your own ideal TV guide for three days.

Look through a TV guide.

Write which days of the week you would choose.

Include about four programmes per day. Give their times.





Day		Day		Day	
Time	Programme	Time	Programme	Time	Programme



Activity 12

On television and in newspapers they sometimes tell you the weather forecast for the next five days.

Look at the forecast and answer the questions. Draw or write the answers.

Wednesday	
Thursday	
Friday	
Saturday	
Sunday	

e.g. What will the weather be like on Wednesday?

cloudy

1 On which weekday will it rain?

.....

2 What will the weather be like at the weekend?

.....

3 On what day will we have sun and cloud?

.....



Activity 13

On signs and posters the days of the week are sometimes written in a shortened (abbreviated) form. For example, Monday is shortened to Mon. The days are easier to write in this way and they take up less space.

Look at the days of the week and the abbreviations. Match the day of the week to its shortened form.

Monday	Wed.
1 Tuesday	Fri.
2 Wednesday	Mon.
3 Thursday	Sun.
4 Friday	Thurs.
5 Saturday	Sat.
6 Sunday	Tues.



Activity 14

I need to know what times the shops are open. Some close at midday. Some are not open on Sundays.



Mon: 9:00–6:00
Tues. 10:00–6:00
Wed. 9:00–6:00
Thurs. 9:00–7:00
Fri. 9:00–7:00
Sat. 9:00–6:00
Sun. 1:00–5:00

Look at the shop times and answer the questions.

e.g. What time does the clothes shop shut on Sunday?

5:00

1 What time does the clothes shop close on Saturday?

.....

2 On which weekday does the clothes shop open later in the morning?

3 What time does the clothes shop open on Sunday?

.....

4 What time does the corner shop close for lunch?

5 What time does the shop close on Wednesday?

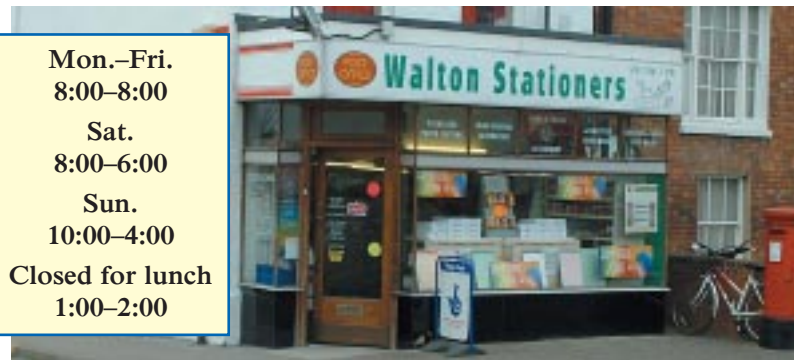
6 What time does the shop open on Sunday?

Mon.–Fri.
8:00–8:00

Sat.
8:00–6:00

Sun.
10:00–4:00

Closed for lunch
1:00–2:00



Video shop

Mon.–Wed. 2:00–8:00

Thurs. 2:00–10:00

Fri. 2:00–10:00 <a/w N3.56>

Sat. 12:00–10:00

Sun 10:00–12:00 & 2:00–4:00

7 On which days does the video shop close at 8:00?

8 What time does the shop open on Saturday?

.....

9 What time does the shop close on Thursday?

.....



Review

Do you need more practice on the days of the week?

Yes

☐

No

☐

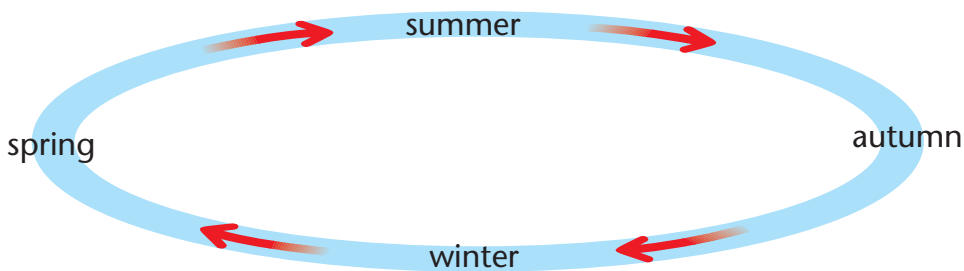
For more work on this, go to H2 (page 14) or E2 (page 15).

This work links to mini-project M2 (page 16).

The four seasons

*My children do not go to school for the whole summer. This is when they have their long holiday.
School starts again in the autumn term.*

A year is divided into four seasons: summer, spring, autumn and winter. The seasons are a **cycle** that happens every year.



In Britain summer is usually the hottest season and winter is the coldest season.



Activity 15

1 Draw pictures to remind you of the different seasons.

autumn

winter

summer

spring

2 Draw in arrows to show the order of the seasons.



Review

Do you need more practice with seasons?

Yes ☐

No ☐

For more work on this, go to H3 (page 14).



Help



Activity H1

- 1 Look through these words. Discuss any you are not sure about with your teacher.

morning	afternoon	evening	night
before	after	early	late



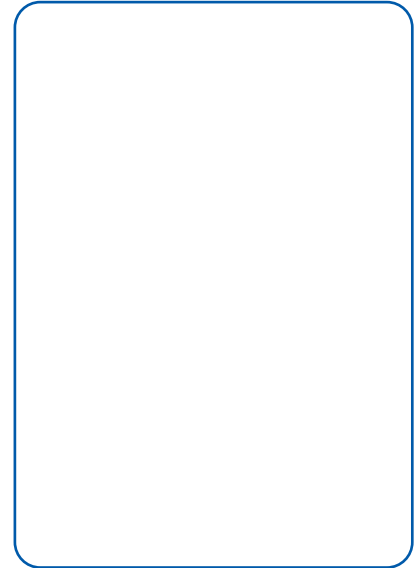
- 2 Write or draw what you might do at these times of the day.



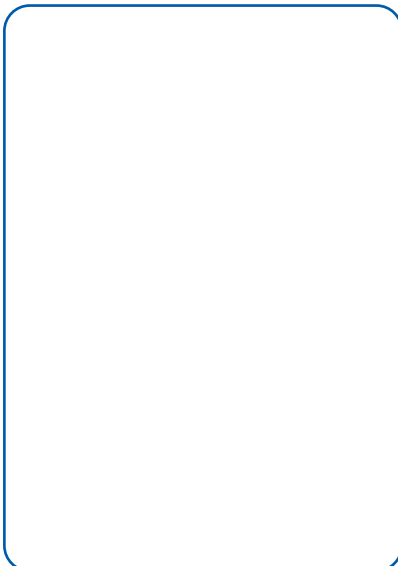
e.g. 9:00 in the morning



a 3:00 in the afternoon



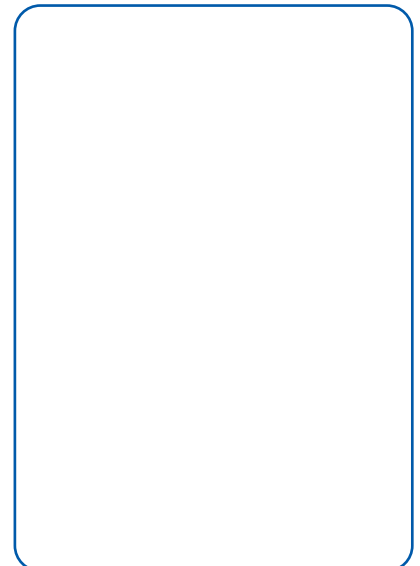
b 11:00 at night



c 6:00 in the evening



d 6:00 in the morning



e 12:00 midday



Activity H2

Fill in the missing days and times on the work sheet.

	Monday		Wednesday	Thursday		Saturday
8:00 morning	Ben	Jo	Ben	Salma	Salma	Ben
9:00						
11:00						
	Jo	Ben	Salma	Jo	Jo	Salma
1:00						
2:00						
5:00						

Who is working three morning shifts?



Activity H3

Look at the pictures. Write the name of the season under each picture.
Draw arrows to show the order of the seasons.



.....



.....



.....



.....

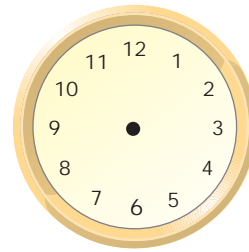


Extension



Activity E1

Answer these questions about television programmes.
Use the clock to help you.



- 1 The Simpsons cartoon special starts at 6:00 and lasts one hour.
What time does it finish?
- 2 The football is on from 2:00 until 5:00. How long is it on for?
.....
- 3 EastEnders lasts for 2 hours on Sunday. It finishes at 4:00. What time
does it start?
- 4 Channel 4 News starts at 7:00 and finishes at 8:00. How long is the
programme?
- 5 Brookside Omnibus starts at 5:00 and lasts for 1 hour. What time does it
finish?



Activity E2

Make up a weekly work sheet for Monday to Saturday.

	Monday	Tuesday				
8:00–						

Split each day into two shifts of four hours: 8:00 to 12:00 and 2:00 to 6:00.

Write in an equal number of shifts for Ben, Jo, Salma and Aisha.



Mini-projects



Activity M1

Make daily time plans for the next few days. Write in the hours in the day and any meetings or appointments you need to remember.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

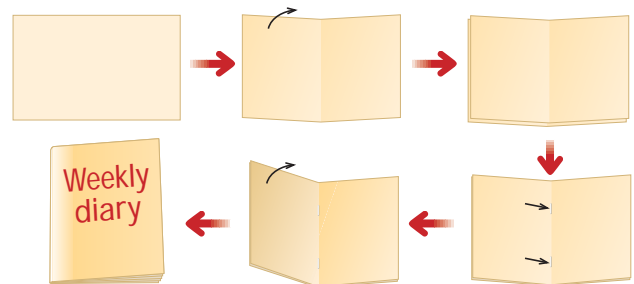
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday



Activity M2

Make a weekly diary for yourself.

Use two pieces of paper. Fold them in half and staple them together to make a book.



Label the cover. Open the book and write one day of the week at the top of each page. Split the day into hours or sections, for example, morning, afternoon and evening.

e.g.

Monday
Morning
Afternoon
Evening

or

Monday
9.00
10.00
11.00
12.00
1.00
2.00

Don't forget to write down your next maths or numeracy session.



Check it



Activity C1

Look at each picture and label the time of the day.



1 Night



2



3



4



Activity C2

Write the seven days of the week in order, starting from Monday.

Monday

.....

.....

.....

.....

.....

.....

Saturday

Thursday

Tuesday

Friday

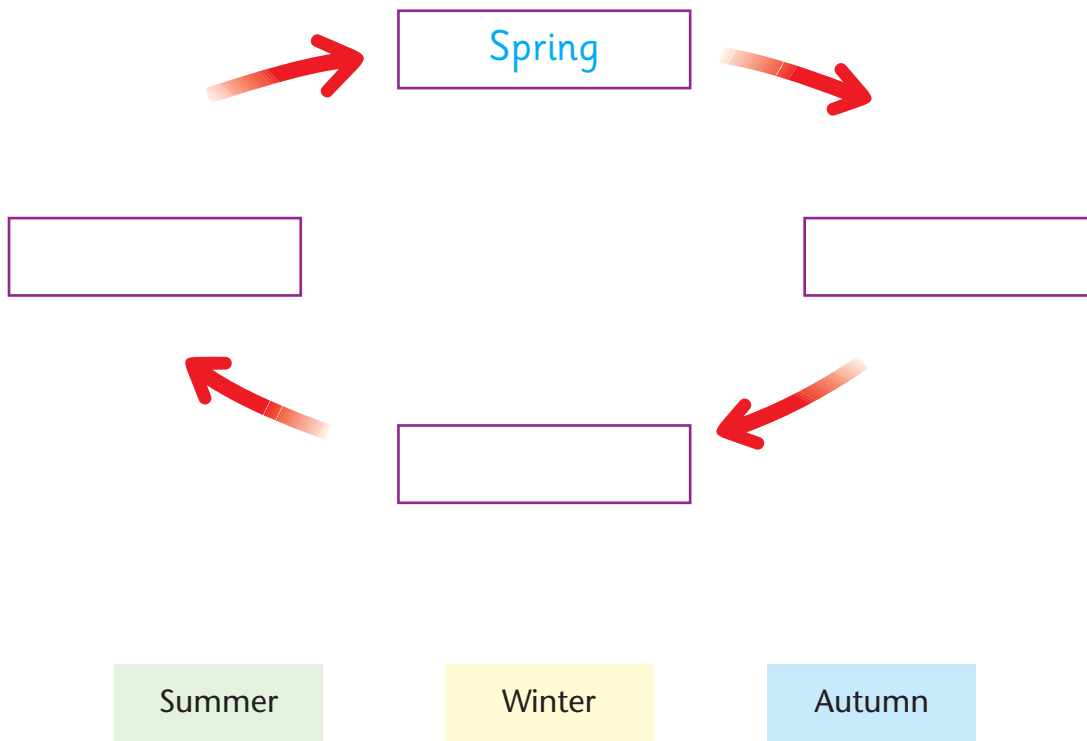
Wednesday

Sunday



Activity C3

Write the four seasons in order.



How am I doing?

Now look back at the skills listed on page 1.

Then complete the sentences below.

I am confident with

.....

I need more practice with

Date

Activity 1

Check with your teacher.

Activity 2

- 1 evening
- 2 afternoon
- 3 night
- 4 morning
- 5 evening

Activity 3

Check with your teacher.

Activity 4

- 1 night
- 2 night
- 3 morning
- 4 afternoon
- 5 afternoon or midday?

Activity 5

- 1 12:00 midday
- 2 3:00
- 3 5:00
- 4 Check with your teacher.

Activity 6

- 1 Wednesday
- 2 Monday
- 3 Friday

Activity 7

Check with your teacher.

Activity 8

- 1 4
- 2 6 hours
- 3 2
- 4 Check with your teacher.

Activity 9

Check with your teacher.

Activity 10

- 1 Monday, Tuesday, Thursday, Friday, Sunday
- 2 8:00 (in the evening)
- 3 3
- 4 Sunday

Note: these answers may change.

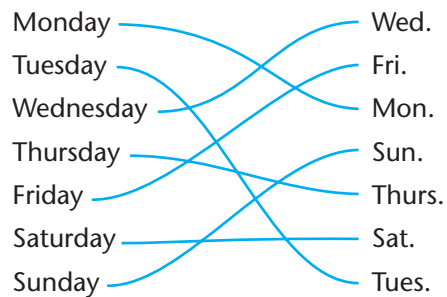
Activity 11

Check with your teacher.

Activity 12

- 1 Thursday
- 2 sunny
- 3 Friday

Activity 13



Activity 14

- 1 6:00
- 2 Tuesday
- 3 1:00
- 4 1:00–2:00
- 5 8:00
- 6 10:00
- 7 Monday, Tuesday and Wednesday
- 8 12:00
- 9 10:00

Activity 15

Check with your teacher.

Help

Activity H1

Check with your teacher.

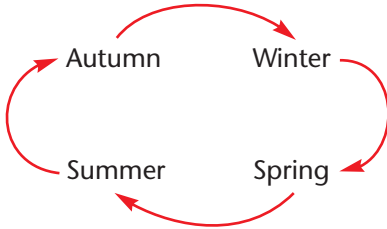
Activity H2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 morning	Ben	Jo	Ben	Salma	Salma	Ben
9:00						
10:00						
11:00						
12:00						
1:00	Jo	Ben	Salma	Jo	Jo	Salma
2:00						
3:00						
4:00						
5:00						

Ben is working three morning shifts.



Activity H3



Extension

Activity E1

- 1 7:00
- 2 3 hours
- 3 2:00
- 4 1 hour
- 5 6:00

Activity E2

Check with your teacher.

Mini-projects

M1, M2

Check with your teacher.

Check it

Activity C1

- 2 morning
- 3 afternoon
- 4 evening

Activity C2

- Monday
Tuesday
Wednesday
Thursday
Friday
Saturday
Sunday

Activity C3

