

# Jack's Challenging Behaviour Plan

Date: October 2011

Review Date: January 2012



| Student Action   | What this is communicating  | Our supportive response   |
|--|---|---|
| Jack may sign no, hold onto the arm of his wheelchair and frown.   | Jack is saying that someone is too close to him.  | Give Jack lots of space. Ensure no one goes into his personal space.  |
| Jack may scratch a person or pull their clothes if they are close to him   | Jack is saying that he may be feeling anxious. When he is anxious he doesn't like people too close to him.                        | Listen to Jack's communication and give him lots of space. Ensure no one goes into his personal space.  |
|  |   | If Jack has grabbed your clothes, place a hand over his hand. Give him lots of positive reassurance and ask him to let go. If necessary ask another member of staff to help remove his hand. Use Team Teach intervention 5a – clothing responses  |
| <p>Jack allows staff to take him to the toilet and stands up when he is asked.</p> <p>Jack may scratch a person or pull their clothes whilst he is being supported with his personal care.</p> | Jack is anxious about going to the toilet and getting changed. However he is willing to co operate with the staff supporting him. | <p>Jack points to the members of staff he wants to support him with his PC. He has demonstrated that he wishes to stand during changing</p> <p>Tell Jack it's time to go to the toilet, be brisk and upbeat as you take him to the large shower room. When in the toilet, staff should help him to stand up and then lie down on the floor. One member of staff should hold his hands whilst the other changes his pad. Again be brisk and upbeat. When Jack is changed, both members of staff should help him up (do not lift) and into his wheelchair and</p> |

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|  |   | <p>immediately return to the class room.</p> <p>If Jack has grabbed your clothes, place a hand over his hand. Give him lots of positive reassurance and ask him to let go. If necessary ask another member of staff to help remove his hand.</p>   |
| <p>Jack may holds onto his wheelchair and physically challenge the person who is taking him to the toilet.</p> <p>Jack may sign no and refuse to get up from his chair when he is in the toilet.</p> <p>Jack may scratch a person or pull their clothes whilst he is being supported with his personal care.</p> | <p>Jack is anxious about going to the toilet and getting changed. Jack is unwilling to co operate with the staff supporting him.</p>            | <p>Do not change Jack's pad. When Jack is calm return to the class room. If he is anxious give him space to relax and return to the class room when he is ready.</p> <p>If Jack has grabbed your clothes, place a hand over his hand. Give him lots of positive reassurance and ask him to let go. If necessary ask another member of staff to help remove his hand.</p> |
| <p>Jack may lie on the floor in the corridor whilst he is walking around the college. He may then become challenging whilst lying on the floor.</p>  | <p>Jack feels anxious about something. (It is possible that he may have walked past the toilet and feels anxious about going to the toilet)</p> | <p>If Jack is choosing to lie on the floor ensure the area is safe for him and other students. If he is displaying challenging behaviour do not get into his personal space. When Jack seems to be more relaxed use encouragement and positive language to encourage him to get up.</p>  |

**Completed by: Blossom Payne, October 2011**