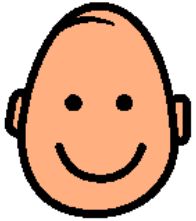


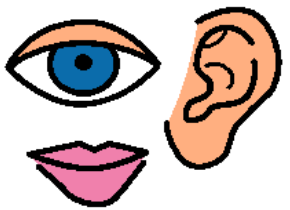
My Passport



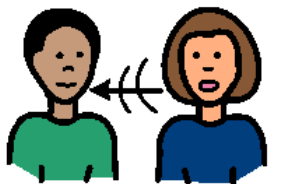
About Me



Supporting Me



Communication



Chat Topics

About Me



Contents

1. About me
2. Things you need to know!
- 3 - 5. My Family
- 6 - 8. My Home
9. My Friends
10. My Likes
11. My dislikes
12. Activities I enjoy
13. Activities I don't enjoy
14. Things I can do myself
15. My Achievements
- 16 - 17. Additional Information



About Me



My name is John Doe, I like to be called John.

I was born on 19 December 1982

Things you need to know



I am allergic to bananas



I can get upset and anxious when there are dogs near me and when they bark.



My Family



This is my mum and Dad. My Mums name is Florence and my Dads name is Derek.



My Family



I have an older sister called Danielle.



And a younger brother called Freddie.



My Family



This is my cat. Her name is Snowy.



My Home



I live in a house in Sutton. I live with my mum, dad, sister, brother and cat.

My bedroom is down stairs. I have a big television in my room where I watch films.



My Home



We have nice garden with a trampoline in.
I like to watch my sister do star jumps on the trampoline.



My Home



I also stay at respite in Sutton some weekends with my friends.

My friends at respite are called Melissa, Clive and Raj.



My Friends



This is my best friend is Archie.
I have been friends with him since we were five.
We went to school together.

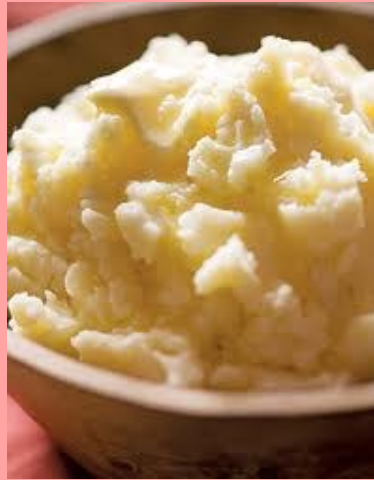


My Likes



Music - Lady Gaga

Food - Mash potato



Buses



Watching rugby



My Dislikes

Loud noises



Crowded places

Orange juice



Dogs





Activities I like



Swimming



Dancing



Listening to music on
YouTube

Going to the cafe



Activities I dislike

Cooking



Writing

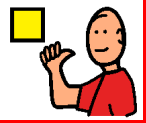


Going to the park



Going to the cinema





Things I can do myself



I can pour my own drinks.



I can make a choice from two photos.



I can write my own name.

I can push myself to the back of my chair when asked.



My Achievements



I helped run a cake sale to raise money for comic relief.



I learnt to use my oyster card to get on the train.



I took part in the wheelchair relay race on sports day.

My Dreams

To work in a cafe

To live my friends

To be a bus driver



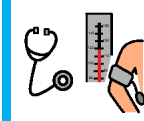
Additional Info



Supporting me

Contents

1. My health
2. How I like to be supported
2. My personal care
3. My eating and drinking
4. How I move
5. Other equipment I use
6. Out and about
7. Additional Therapies
- 8 - 9. Additional Information



My Health



I am allergic to bananas, I keep an epi-pen in my bag



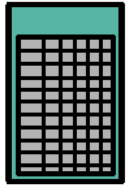
I have epilepsy. I have drop seizures. I have a padded tray on my wheelchair to protect me during seizures. These happen more often when I am cold. (please see my epilepsy risk assessment for more information)



I can get pressure sores on my heels, it is important I take my shoes off when I am on the mats.



Supporting Me



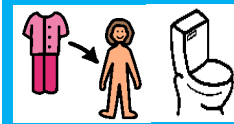
I like to follow a clear daily routine.



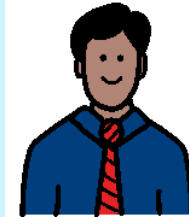
I work best with 1:1 support in college and 1:1 in the community. I like friendly people who smile lots!

I like people to sit on my left to support me because I cannot see clearly on my right.

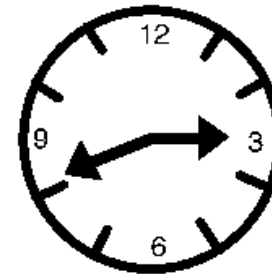
I prefer to work with familiar people. I am unsure around new people.



Personal Care



I prefer male staff to support me in the bathroom.



I wear pads. I am normally changed first thing in the morning, just before lunch, when I get in from college and before I go to bed.



I am hoisted onto a changing bed for personal care. I need two people to help me with this (For more information please see my moving and handling guidelines)

I can roll left and right independently with verbal prompts to help.



Eating and Drinking

Communication Talk to me about what I am hearing. I will sign/point when I would like more food or when you haven't refilled my plate.	Positioning I need to sit in a chair with arm rests when eating. Please make sure I am sitting close to the table and can reach my plate and cup easily.	Special Notes If I have a Capri sun in my lunchbox please sign it into my cup or hold it up so I can drink from the straw. If I hold it myself I will squeeze too hard! I often move my head close to my plate to be able to see my food.	Support Please sit at my side while I am eating and drinking. I need to have someone with me at all times during my meals. I am able to eat finger foods independently and enjoy doing this. It is important that I have only 3-4 pieces of food on my plate at a time because when there is lots of food I will try to put it all in my mouth at once. Verbally encourage me to eat the pieces slowly and add more to my plate when I have finished. Please support my understanding that the meal is over by showing me the empty wrappers and repeating and signing the word "finished".
Consistency I need to have all my food cut into small pieces around 2cm squares. I only have small amounts on my plate at a time. Please avoid "high risk foods" that are tough or sticky as I eat very quickly and do not always chew my food.	Equipment I can drink independently from a hard plastic cup. When I eat independently I have finger foods and do not require any equipment. I enjoy finger feeding so please let me do this when possible.	Environment Try to maintain a calm environment that is conducive to eating, drinking and socialising. Reduce environmental distractions.	
Risks I am at risk of choking on high risk foods that are difficult to chew. I require full assistance when eating.	Equipment I can drink independently from a hard plastic cup.		

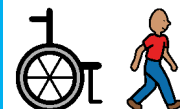


I have a mince/moist diet with syrup thickened fluids.

I need full support for eating and drinking. (For more information please see my eating and drinking placemat)

I can be easily distracted by noises and other people, so please make sure I eat in a calm, quiet place.

I use a plastic maroon spoon and a manoy dish when eating. I use a doidy cup for all drinks.



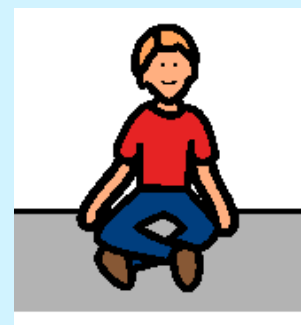
How I move



I have an electric wheelchair which I use in and out doors.

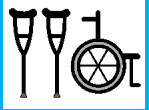


I am hoisted in and out of my wheelchair using my all day sling and two people. (For more information please see my moving and handling guidelines)



I can sit by myself and roll left and right by myself.

I can push myself to the back of my chair when asked.



Other Equipment



I use a Lecky prone size three standing frame. I have one at home and one at college. I use my standing sling to get in and out of my standing frame. (For more information please see my standing frame guide-lines)



I have a step-by-step switch that I use in conversations and as an environmental control, for example I can say when I am ready to be hoisted. (For more information please see my support plan)



Out and About



When I travel on the train I can swipe my oyster card myself.



I need 1:1 support in the community. I can get frightened when I see a dog so please reassure me that everything's ok.

I can be distracted by noises and buses when out, so may need prompts to concentrate on driving my chair.

Additional Therapies

I see the occupational
therapist at college



Additional Info

Communication



Contents

1. Understanding
2. Expression
- 3 - 6. How I communicate....
7. Interacting with me
- 8 - 9. Supporting me
10. Additional Info

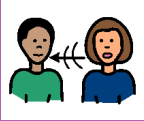


Understanding

I am able to follow 3 key words in conversations. I can answer most closed questions accurately.

I am able to recognise concrete symbols of objects but can struggle with abstract symbols such as feelings and times.

I am able to recognise photographs and some makaton signs. Please ensure photos are clear as I have some visual difficulties.



Expression

I am non verbal but can sign yes and no to answer some questions.

I am able to communicate my basic needs, such as drink, time out, food through using my symbol key ring.

I can make activity choices between two photographs.

I am non verbal but can sign yes and no to answer some questions.

How I communicate...

That I want to get your attention:

I will vocalise loudly and clearly and will move my head around to find the nearest person to look at.



That I want to be on my own:

I will close my eyes and turn my head away from people. I can show you my time out symbol on my symbol key ring.

How I communicate...



That I like something:

I will smile and reach out towards it.



That I dislike something:

If I dislike something I will push it away or turn my head away.

I also screw my face up, especially at food and drink I dislike.

How I communicate...



That I am sad/upset:

When I am sad I become very quiet and can cry.

I tend to say no to things when I am feeling sad.



That I am happy:

When I am happy I will smile, giggle or laugh aloud.

When I am very excited I wave my left arm.

How I communicate...



That I am feeling ill or tired:

If I am in pain I will touch or point to the area that hurts.



If I am feeling ill I find it hard to drive my chair and tend to say no to things.



That I need/want something:

I will point to objects that are around me.

I can also use my symbol key ring to let you know when I want to have a drink, some food, get out of my chair, having time out.

Interacting with me

I enjoy talking about past activities and funny events.

(Please see my chat topics section for more information)

When you are talking to me please sit down at my level and make eye contact with me, do not stand over me.

Please use a total communication approach when talking to me, I benefit from use of makaton, natural gesture, photos and symbols to support interactions.

Supporting me

I use a symbol key ring to express myself.

I use a symbol timetable with a finish pouch to support my understanding of routines and prevent me becoming anxious.



Supporting me



Additional Info



Additional Info



Chat Topics

Contents

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.

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