



Person-centred approaches and adults with learning difficulties

What is this guidance about?

The purpose of this guidance is to support you in developing individualised programmes of learning, within the context of the Skills for Life curriculum, for adults working at Pre-Entry and Entry Levels 1, 2 and 3 and who experience learning difficulties.

Who is it for?

This guidance is written for practitioners working in a variety of settings, including community and work related contexts, with people who experience a range of difficulties in learning.

Why use it?

We hope that you will find the materials useful as a stimulus to developing your own provision. You can use these materials in different ways. Each of the four main sections stand alone, so for instance you might want to:

- dip into relevant sections that interest you;
- use the examples to stimulate debate and generate your own ideas;
- plan formal staff development sessions.

What this guidance contains

The pack has **five** sections:

1 Skills for life

This section introduces the skills of literacy, numeracy and ICT as well as other important skills such as problem solving, working with others and improving own learning and performance.

2 Person-centred approaches to learning

This section describes how person-centred approaches can be used to incorporate communication, literacy, numeracy and ICT skills as well as other important priorities into individual learning plans. The process, which keeps the learner at the centre, is cyclical and has five interlocking phases. Each phase is illustrated with examples drawn from work in different settings and with different learners. There is also a CD-ROM to accompany this section.

3 Staff development

Four DVDs, which can be used for staff development, accompany this pack. This section provides some practical ideas for using the material individually, as part of a team or as the basis for staff training.

4 Personal accounts

These three accounts are based on diaries and reports written by practitioners about their everyday work. They provide insights into how they approach their work and their thoughts about some of the issues that they confront.

5 Appendices: Additional useful information

In this section you will find:

- an overview of the content of the DVDs;
- Web-based sources of further information;
- text-based sources of further information.

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