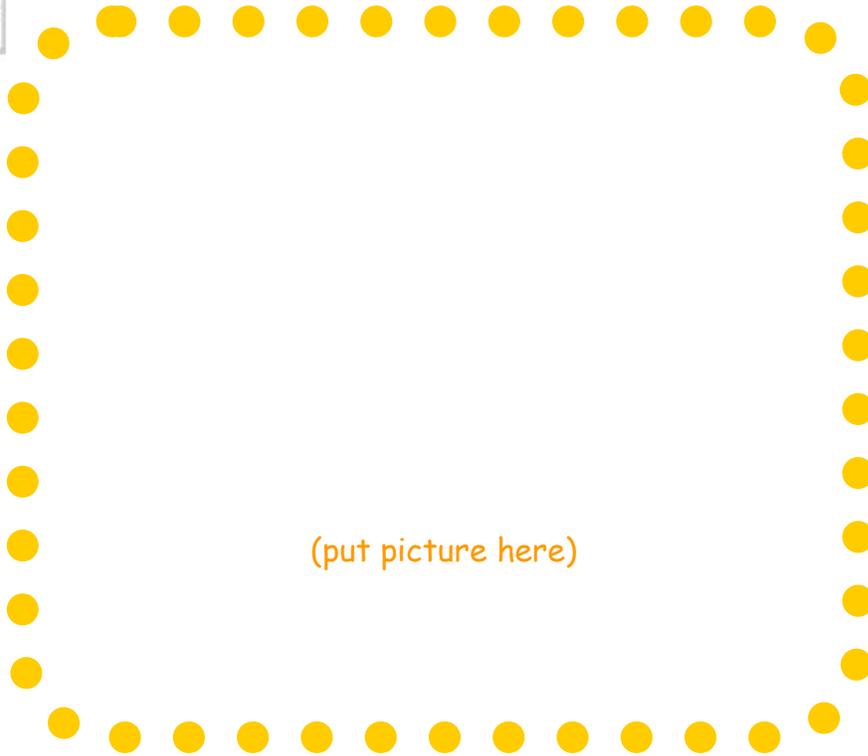


# My review



(put picture here)

Name.....Carl.....

.....

.....  
This is a booklet to help you think about your life and plan  
your review.

You can put information in this booklet in whatever way you want, you can write, draw, use photos or pictures - its up to you ! . You can tell everyone about...

the things you like and things you don't like

things that are important to you, things you want to stay the same and those you want to change.

your hopes and dreams for the future



Use the blank pages or add more pages if you need to.

You may want to take copies of the pages to stick on the charts at the meeting



My bath

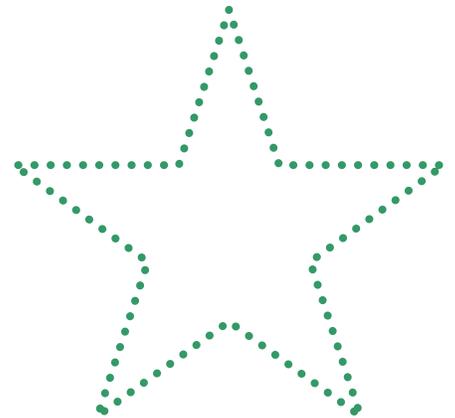


I like my face

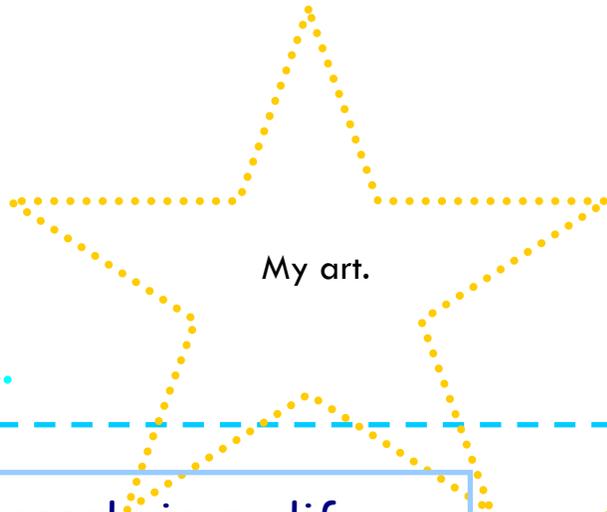


Shopping

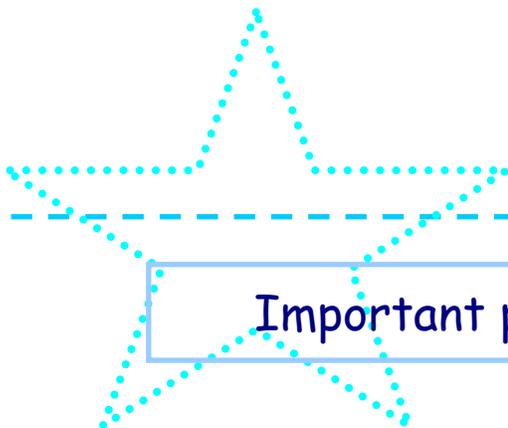
What I like best  
about myself - put your  
own words in the stars



I'm good at  
football.

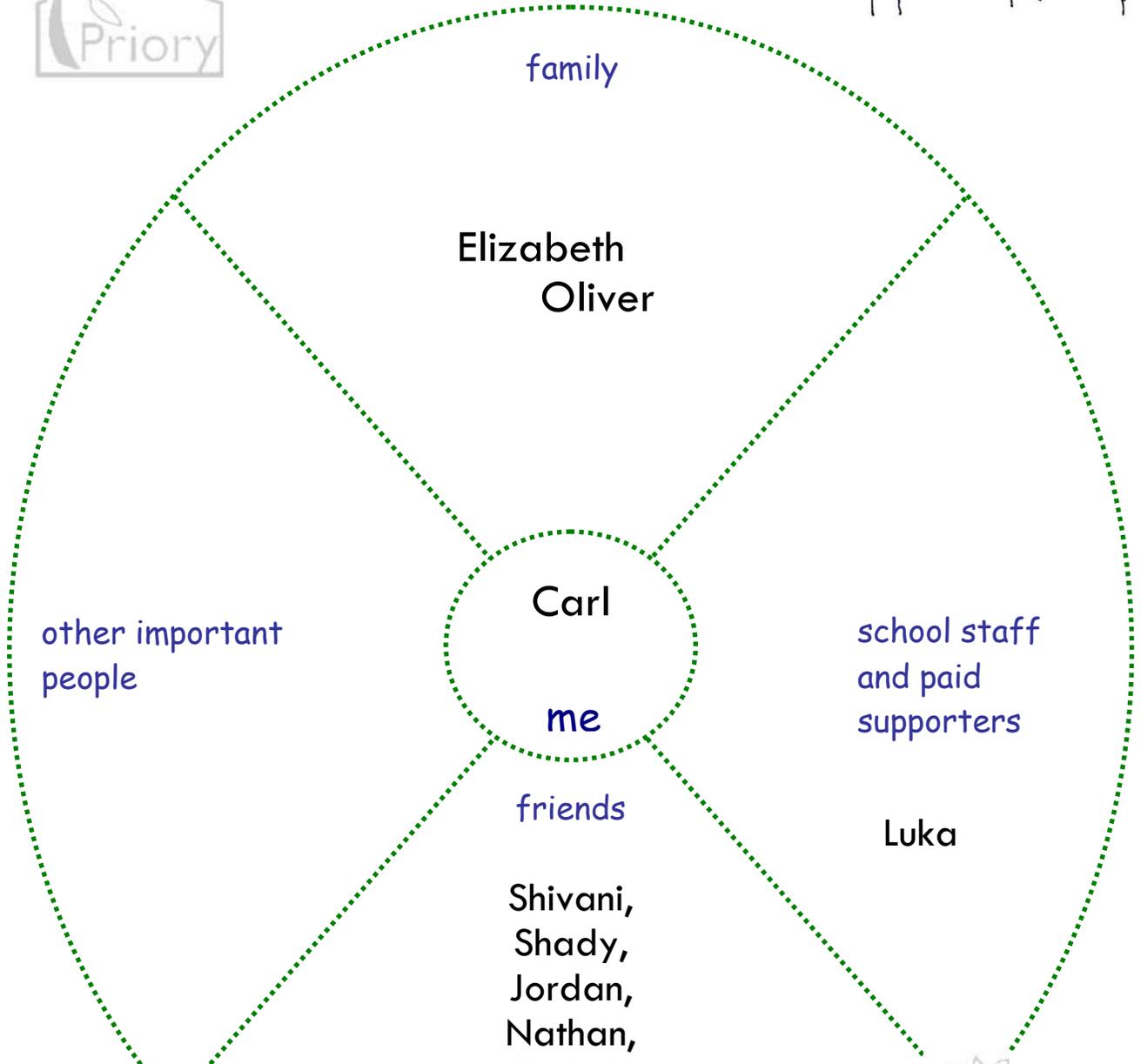
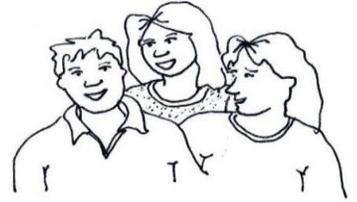


My art.



Important people in my life

Put names or pictures  
in the spaces.....



What is important to me now

What I like to do...



at school



I like Art,  
cooking  
painting  
going to the park.

At home



I like washing the plates.  
I like going out with Chris on Sunday  
I asked who is Chris?  
He said my social worker.

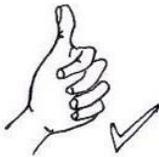
Just for fun



Chessington  
Going to the park  
Going to the cinema  
I like toy story (what is that? ) a DVD

At any other important places I go...

What I like to do with my friends



Playing games  
Talking to my friends

What is important to me now

Music

Michael Jackson  
Rihanna





## Hobbies

**Food**



Rice  
Spaghetti  
African food

**Drink**



Orange

None

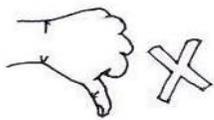
**Tv programmes**



Karate kid  
The news



What I really **don't like** at school, home or for activities



Don't know

What is important to me now

How I get to and from school

6

On the school bus



## About school



The best part of the day is

Lunch, I play

My favourite lessons are

Art

At breaktime I like to

Play  
Go to on the swings  
The bikes

At lunchtime I like to

Eat with friends  
Play football



What is important to me now

7

Other things I like to do at school

Going to watch Lion King  
Going to tournaments  
The disco with Quita



I like to spend time with

Jordan

Nathan

Amanda

Lauren

Brandon hurting me

Spiders

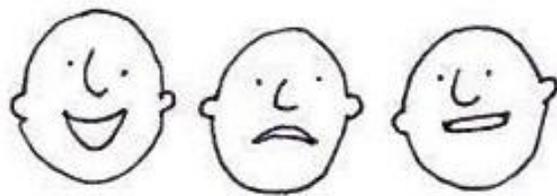
When someone hits me.

What is important to me now

What makes me

**My school week**

In each space draw the face that matches best

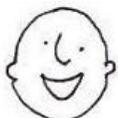
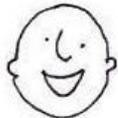
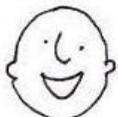
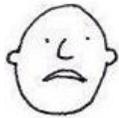
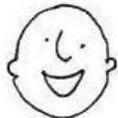


For example:

happy

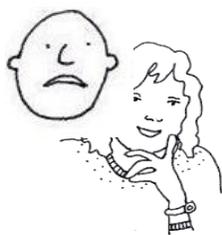
sad

ok

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Up London all day 	Cooking Drama 	Assembly Maths 	P.E English 	 Swim
Lunch					
After- Noon	Mini Enterprise 	Dance 	PSHE 	Travel training 	Drama 

You may also want to say why you have drawn the face..

What is important to me now



Since my last review  
I have got better at

Playing with toys

Art

I am better at writing my name.

What I would like to get  
better at and the help I need to do this

Writing

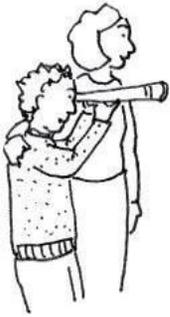
Bathing

Cooking

Important to me for the future

These pages are for your  
hopes and dreams





3 wishes I'd like to come true..

Ipod

Get a job selling clothes

Go to college to do Art.

In the future, I'll be spending my time...

At Carshalton College



I would be happy if...

I lived with my mum

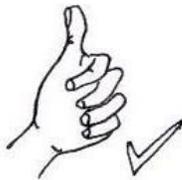
I was working

Learning how to cook rice.

I would not be happy if..

Can't remember

Other things I would like to do or have



Going to the park

Shopping at Tesco

Going to the cinema



## What I can do by Myself

Get dressed

Brush my teeth

Make breakfast  
(toast and Cereal)

Make tea

## What I would like to be able to do for myself

Go to the shops by  
myself

Make dinner when I'm a  
man not a when I'm  
young

## What help I need to do these things

Travel training

Help not to be afraid of knives in the  
kitchen.



Communication

What I do when I am feeling.....

Happy..

13



Laugh  
Smile



Sad...

Cry

I don't like to talk to people

Frustrated..

Cry

Feel upset

Carl then said he  
didn't want to  
talk about it

Angry...

Don't do nothing

Unwell or in pain...

Vomit

Tell people

Communication



What I like people to do if I am...

Unwell or in pain

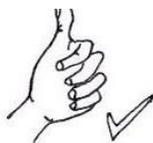
Give me a blood test.  
Look after me at home.

Sad or upset

Leave me allow.  
Not talk

Things you should never do

Shout at me.  
Hit me.



What is working in my  
life now



Drama

Dance

Art

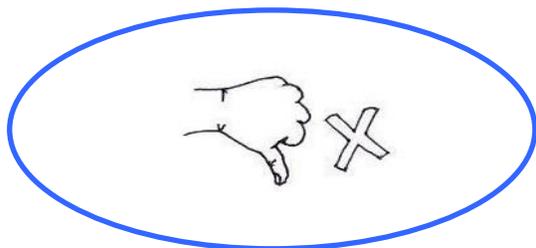
My friends

What I want to stay the same in my life

Art

My friends

Life



What is not working  
in my life now

16



I don't know.

What I want to change in my life

I want to change into white

Questions to ask  
Issues to resolve



Make a list of anything you want to find out about.

Can I get married when I leave College?



Planning my review



1. Names of people I want to invite to my meeting.

This may include family, friends , school teachers and other important people.

My friends

My teacher



2. How to make sure I am comfortable and at the centre of my meeting.

Where I would like it to be held

At school

### Snacks



Crisps  
Chocolate

### Drinks



Orange

### Music



Michael  
Jackson

Other things I would like to have or do at the meeting



Play games



**Workbook developed by:** Niki Marshall, Diane Staniforth  
and Ruth Mathiesen based on the year 9 Person Centred  
Review process by Helen Sanderson.



Sheffield Care Trust



**Joint Learning Disabilities Service**



We are happy for you to copy and adapt this book as long as  
the authors and organisations are acknowledged.