**Skilled for Health Resources**

The Skilled for Health resources havc been migrated from the old ReadWritePlus, RWP, site that was closed at the end of September 2015.

Audio files are in zip folders that can be accessed and downloaded from the links below.

Services and self-care

Audio files 1-30

<http://www.excellencegateway.org.uk/content/etf2077>

Audio files 31=58

<http://www.excellencegateway.org.uk/content/etf2078>

Health and wellbeing

<http://www.excellencegateway.org.uk/content/etf2083>

You can also download all the resources as a single printable PDF

<http://www.excellencegateway.org.uk/content/etf2080>

You can also download all the Health and Wellbeing resources as a single printable PDF

<http://www.excellencegateway.org.uk/content/etf2081>