

Family literacy, language and numeracy

Family learning impact funding – Wider Family Learning



Course Title: Football skills course		Level of Learning: Level 1	Length of Session: 1.75 hours to 6 hours
Course length: 26 to 32 hours (depending on level of additional support needed) Accreditation: 1st4sport Level 1 Certificate in Coaching Football (L1CCF)		Start Date:	End Date:
Date & Time: Various: evening and daytime	Location: secondary school	Age range of children: 14 - 16	
ECM Outcome:		Curriculum Focus:	Sustainable development:
Stay safe ✓ Be healthy ✓ Enjoy & achieve ✓ Make a positive contribution ✓ Achieve economic well-being ✓		(WFL)	Sustainable development: <input type="checkbox"/> Community cohesion: <input type="checkbox"/> Arts & culture: <input type="checkbox"/> Health & well-being: ✓

Accreditation information: http://www.1st4sportqualifications.com/candidate_information/qualifications/qualificationbin/L1CCF.htm

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Session	Theme or context of lesson This is the main focus of the session	Lesson Outcomes skills/knowledge/understanding By the end of the lesson learners will be able to:	Activities (Teacher/Learner)	Resources to be used	Assessment method
1	<ul style="list-style-type: none"> To understand how the course is set up and what is expected of them. Undertake initial screening for literacy needs To complete the activity 'what makes a good coach?' for assessment purposes 	<ul style="list-style-type: none"> make an informed decision whether the course at this time is relevant for them or should be referred to a later date have had any additional core skills needs recognised and an action plan put into place identify five key points on what makes a good coach 	<p>Explanation of the course from both a HAC and Chelsea viewpoint with a completion of relevant paperwork and the importance of H and S.</p> <p>Learners to complete core skills IA and issues arising from this to be addressed by the tutor on an individual basis</p> <p>In small groups complete a representation of what makes a good coach using a caricature – at least 5 key points. Teacher to observe who leads, active participants, reluctant learners etc</p>	<p>Essential paper work and discussion</p> <p>IAG including SfL screening Smart Move Skills Check http://www.toolslibrary.co.uk/standard.htm</p> <p>Flipchart, pens</p>	<p>Q and A</p> <p>Completion of IA and results from it</p> <p>Observation and completion of task</p>

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2, 3, 4	<ul style="list-style-type: none"> Gaining knowledge in relation to the topics that are within the assessment practical weekend 	<ul style="list-style-type: none"> have gained understanding of at least three topics each session which directly relate to the FA module 	<p>Coach to deliver topics with learners participating where appropriate</p> <p>learners leading with others participating</p>	Balls, bibs, cones	Observation, directed questioning
5	<ul style="list-style-type: none"> Player and coach development Football club administration Set home studies task both soccer parent and laws of the game 	<ul style="list-style-type: none"> understand what the benefits of mini soccer are, adaptations made, understand the characteristics of each age group, understand basic overuse injuries list the six things needed when setting up a new football club, develop a timetable of action, list things to consider when planning a football festival complete the home study task in relation to soccer parent 	<p>In small groups allocate activities from task 1 for group discussion and then feedback for whole group discussion</p> <p>As above</p> <p>Coach/tutor to explain the requirements of home study task and answer questions accordingly and put into place any additional needs that may be required</p>	Level 1 packs, flipcharts, dictionaries, pens	Completion of task, directed questioning, presentation, observation

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6	<ul style="list-style-type: none"> Review home study task. Understand what football for all means. Assessment of laws of the game. Explain about following sessions and their make up. 	<ul style="list-style-type: none"> to share completed home studies task define what football for all means, give four examples of under-represented groups in football, have a brief knowledge of different classifications of disabilities complete laws of the game assessment confidently achieving 7 out of 9 understand what is required from the remainder of the course 	<p>Learners to share results from home studies task and coach to mark accordingly</p> <p>In small groups allocate activities from task 1 for group discussion and then feedback for whole group discussion</p> <p>Learners to complete multiple choice</p> <p>Teacher/coach to explain set up and what is required</p>		Completion of tasks, questioning, observation,
7, 8	<ul style="list-style-type: none"> First aid Child protection 	<ul style="list-style-type: none"> complete emergency first aid competently will understand basic principles of child protection and safeguarding 	External delivery for both sessions with HAC tutor present to support where necessarily		

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9, 10	<ul style="list-style-type: none"> • Completion of practical assessment • Advice and guidance in relation to progression 	<ul style="list-style-type: none"> • have completed an internal assessment of their skills within a small group • completed and passed successfully an external assessment of their practical skills individually • know where to access their next stage if appropriate 	<p>Learners to participate in a range of topics delivered by coach educator followed by small group delivery of same topics with each learner being allocated a specific session.</p> <p>Each learner to deliver a given topic to peers, producing a session plan and setting up appropriate space.</p> <p>Teacher to explain what opportunities are available next and where to access them with opportunities for Q&A.</p>	Balls, bibs, pitch, cones, level 1 packs	<p>Observation against fixed criteria to meet 1st4sport standards.</p> <p>Directed questioning, feedback from learners.</p>